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# Coffee and Conversation III

## Building Resilience into a Transportation System for All

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# CSCRS

**Mission:** To create and exchange knowledge to advance transportation safety through a multidisciplinary, Safe Systems approach.






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Designing for All  
(A human factors perspective)

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January 28, 2019

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What is a “disability”?

A physical or mental impairment  
that substantially limits one or  
more major life activity  
(ADA)

The inability to accommodate  
poor design  
(Ralph Caplan)

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## Disability statistics

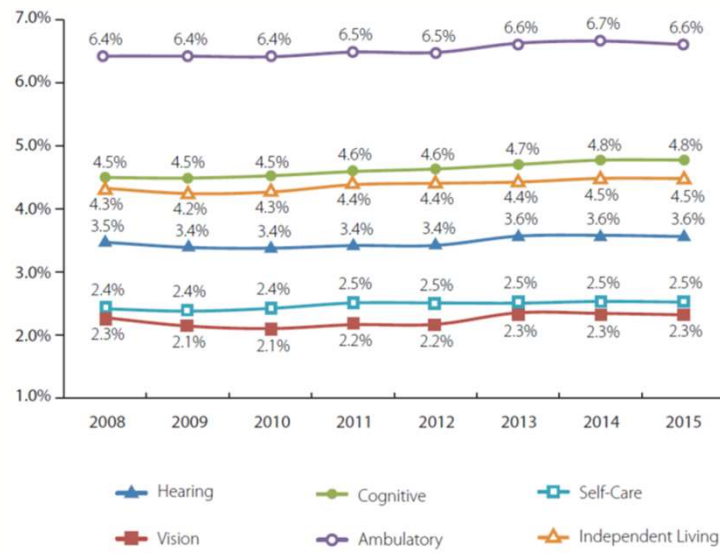
- 56.7 million people
  - 19% of the US population
  - 37% over 65
  - 71% if over 80
- 59% are *not* employed
  - 21% with severe disabilities experience persistent poverty (vs. 14% of general population)
  - Median monthly earnings 28% lower than for general population

## More statistics

- Difficulty seeing: 8.1 million
  - 2 million “blind”
- Difficulty hearing: 7.6 million
  - 1.1 million “severe”
  - 5.6 million with a hearing aid
- Difficulty walking: 31 million
- Difficulty lifting or grasping: 20 million
- Difficulty with ADL: 9.4 million
  - 5 million require assistance
- Difficulty with IADL: 15.5 million
  - 12 million require assistance
- 7 million depressed or anxious

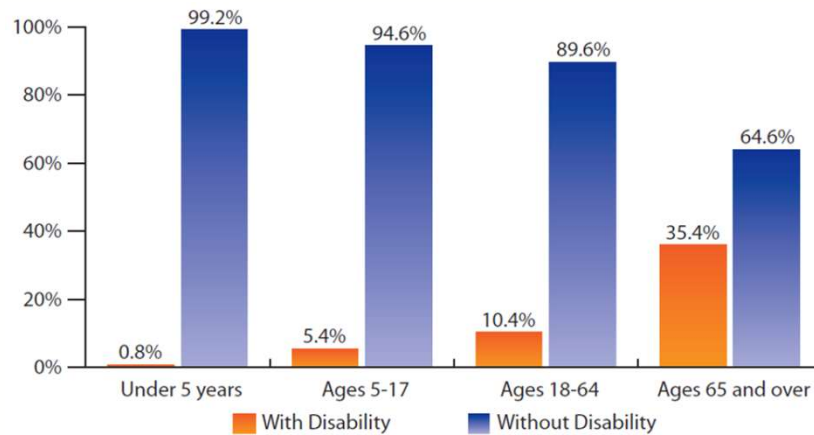


### Percent of Population with a Disability

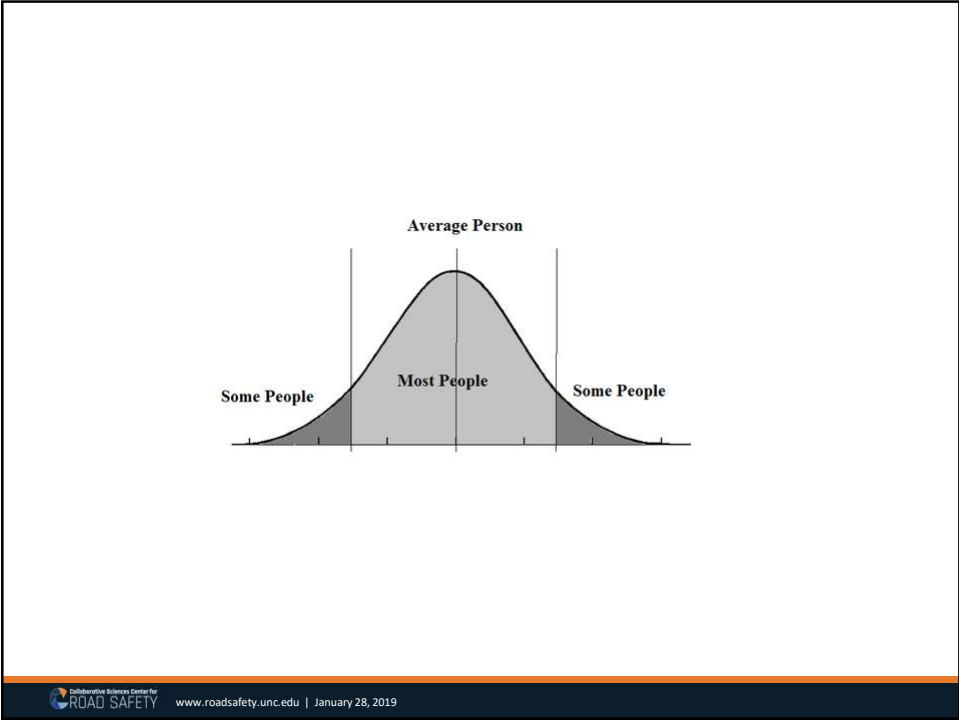


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### Age distribution of Disability



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## Hearing disability?



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## Ambulatory, cognitive & hearing disability



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### Case study: curb cuts

- Designed in 1945 for wheelchair access
- ... Also useful for baby carriages, shopping carts, baggage carriers, bicycles, skateboards, eScooters, etc.



Designing for specific disabilities can provide new insights

### Design Approaches

- Change the person
  - e.g., surgery, education, skill development
- Provide bridging tools
  - e.g., devices to adapt individual parts of the world to match skills
- Change the way the world is designed
  - e.g., Universal and accessible designs



Universal design - The practice of designing products and environments to be usable by all people, to the greatest extent possible, without adaptation or specialized design.





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### General needs

- Perceive
  - Controls, feedback, and displayed information
  - Passive and dynamic (e.g., status)
  - Multiple sensory modalities
- Understand
  - How to use
  - Interpret displayed information and output
- Operate
  - Safely carry out all the functions within the time allowed
    - Consider efficiency, competition & productivity requirements
  - With equivalent privacy and security to other users.
  - Some disabilities may pose additional risk if people have difficulty seeing, moving, or changing their behavior to avoid physical injury.
- (Compatibility with assistive technology)



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## Example guidelines

- Maximize the number of people who can hear an auditory signal
  - Use sounds in middle to low frequencies (500-3000 Hz)
  - Use 2 middle to low frequencies (300-750 Hz, 500-3000 Hz)
  - Have a brief alert indicating a message is coming
- Communicate important information through redundant channels (audio, visual, tactile)
- Consider physical placement and line of sight
  - Visual information should be visible from multiple heights
  - Consider reach envelopes

## More guidelines

- Make controls easy to find and identify
  - Put labels with controls
  - Follow movement stereotypes
- Make visual information clear and readable
  - Maximize contrast
  - Large letters, mix upper and lower case
  - Color should not carry information (consider shapes instead)
  - Use filters and surface treatments to minimize glare (for all ages!)
  - Don't abbreviate
- Keep things simple!



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### Universal Design Principles

- Equitable use
  - The design is useful and marketable to people with diverse abilities
- Flexibility in use
  - The design accommodates a wide range of individual preferences and abilities
- Simple and intuitive
  - Use of the design is easy to understand, regardless of the user's experience, knowledge, language skill or current concentration level
- Perceptible information
  - The design communicates necessary information effectively to the user, regardless of ambient conditions or the user's sensory abilities
- Tolerance for error
  - The design minimizes hazards and the adverse consequences of accidental or unintended actions
- Low physical effort
  - The design can be used efficiently and comfortably and with a minimum of fatigue
- Size and space for approach and use
  - Appropriate size and space is provided for approach, reach, manipulation, and use regardless of user's body size, posture or mobility

Center for Universal Design

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### Further reading

- Principles of Universal Design (poster)
- [https://projects.ncsu.edu/design/cud/pubs\\_p/docs/poster.pdf](https://projects.ncsu.edu/design/cud/pubs_p/docs/poster.pdf)
- Universal design and accessible transit
- [http://es.easterseals.com/site/EcommerceDownload/Universal\\_Design\\_FactSheet-5821.pdf?dnl=90752-5821-761N6ivu74JPUrFe](http://es.easterseals.com/site/EcommerceDownload/Universal_Design_FactSheet-5821.pdf?dnl=90752-5821-761N6ivu74JPUrFe)
- Accessible Transportation Technologies Research Initiative (ATTRI)
- [https://www.its.dot.gov/research\\_areas/attri/index.htm](https://www.its.dot.gov/research_areas/attri/index.htm)
- NACTO Universal Design elements
- <https://nacto.org/publication/transit-street-design-guide/stations-stops/stop-design-factors/universal-design-elements/>

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Questions?

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